

# Laboratory Development Efforts in a Physics for Biologists Course

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## Motivation for the Course

In response to calls for greater integration of physics principles into undergraduate biology\* and pre-health education, we have piloted the first iteration of a new physics course for biology majors at the University of Maryland. As part of the NEXUS (National Experiment in Undergraduate Science Education) project,\*\* the course seeks to break down traditional barriers that have led to the construction of disciplinary "silos." The curriculum has been developed by an interdisciplinary team of physicists, biologists, and biophysicists, and has involved departures from the traditional introductory physics curriculum in order to emphasize the physics topics most relevant for biology (see Table to the right).



## Our Course –vs- Traditional Introductory Physics

- Prerequisites: One year of biology, one semester of chemistry, one year of calculus
- Incorporation of many biological examples in which students see the use (and methods) of physics as helpful in helping them make sense of important biology
- Emphasis on (a) coherence-seeking between and within disciplines, (b) modeling, and (c) development of metarepresentational competence

Biology components of HW Assignments

|                           |                                  |                  |                   |              |                            |                             |                         |                         |                             |                   |                          |                                 |              |
|---------------------------|----------------------------------|------------------|-------------------|--------------|----------------------------|-----------------------------|-------------------------|-------------------------|-----------------------------|-------------------|--------------------------|---------------------------------|--------------|
| Work on Homework Problems | Working through a set of Lecture | Blood and Breath | Force             | Exam Review  | Wooden block               | Water over Ice / DNA charge | PP2                     | Amber / Static of blood | Exam Review                 | Nose              | Blood States / Deep Well | Models of Gas / Thermo-chemical | Diffusion    |
| Math                      | Kinematics                       | Dynamics         | Exam 1            | Dynamics     | Macro                      | Energy                      | Exam 2                  | Thermodynamics          |                             |                   |                          |                                 |              |
| Math Problems             | Car & Airplane                   | Force Problems   | Friction Problems | Master in 2D | Electric Forces (Balloons) | Electric Forces (Circuits)  | Buoyancy Force Problems | Elastic Collisions      | Friction on Inclined Planes | Energy Skate Park | Nose                     | Temp. Regulation                | Micro states |

Biology-linked Recitation Tasks

Include atomic and molecular examples from the start

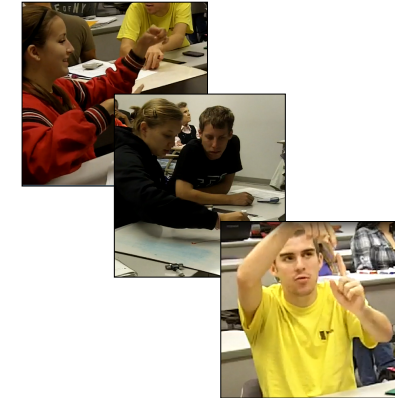
Expand the treatment of fluids and thermodynamics

Biology components of HW Assignments

|                            |                                  |                |                      |                 |            |                     |                |                |                    |                |                 |              |                  |
|----------------------------|----------------------------------|----------------|----------------------|-----------------|------------|---------------------|----------------|----------------|--------------------|----------------|-----------------|--------------|------------------|
| HW assigned for check only | Working through a set of Lecture | Exos. Membrane | Analyzing Statistics | DNA Binding     | Name Cells | No assignment       | No assignment  | No Bio Content | Waves in all cases | No Bio Content | No Bio Content  | Micro states | DNA and proteins |
| Intro                      | Thermo                           | Electricity    | Exam 3               | Waves           | Light      | Exam 4              | Light          |                |                    |                |                 |              |                  |
| Kinship                    | Membrane 1                       | Membrane 2     | Electro-phoresis     | DNA Sorting Out | Circuits   | Diatomic Vibrations | Pulse Tutorial | Ultrasound     | Mirrors            | Pulses and SHM | Models of Light | Visor        |                  |

Biology-linked Recitation Tasks

Eliminate rotations, angular momentum and magnetism



## Guiding Principles for Lab Development

- Labs must connect to and support relevant lecture materials (some flexibility, however, with timing).
- Labs ought to give students sufficient freedom for investigation (don't guide too much).
- Lab tools (ImageJ, Excel, Microscopy, Microfluidics) should be integrated into other elements of the class.

## Equipment and Materials

Model IN300TC-3M inverted microscope from Amscope (~ \$2500)  
 -- 4x, 10x, 20x, 40x objectives, adjustable XY stage  
3.0 MP CCD camera (comes with microscope)  
 -- frame rate adjustable between 0.2 and 30 s<sup>-1</sup>  
 -- can capture still images, record and stream video

### Objects to be studied

- 0.5, 1, 2, 5, and 10 μm beads (polystyrene and glass)
- living systems from creek water (student-supplied)

Fluids (to tune viscosity and density independently)

- distilled water, glycerol, high-density Ficoll

### Fluid holder

- chamber slide, microfluidics to minimize convection

### Additional supplies

- tubes/vials, pipettors, C-mount

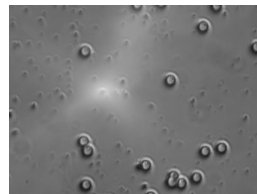
### Software

- ImageJ, Excel

## Fundamental Capabilities

Allows for observation and analysis of the motion of microscopic objects due to Brownian motion, gravity, and fluid flow

Can vary the following parameters in a straightforward way: bead size, object density, fluid density, fluid viscosity



## Exploring Directed Motion, Random Motion, and Forces in the First Semester (Fall, 2012)

|                 | WEEK | LABORATORY   | KEY CONCEPTS & SKILLS  |
|-----------------|------|--|--|
| Directed Motion | 1    | Introduction to Excel  | Software familiarity to analyze videos, standard kinematics, open-ended investigation and autonomy   |
|                 | 2    | ImageJ, Analyzing Biological Motion Videos                                 |  |
|                 | 3    | Ball Falling Through a Fluid, Coffee Filter                                | Video capture and analysis, kinematics and resistive forces, dimensional analysis and scaling  |
|                 | 4    | Ball Falling Through a Fluid (cont'd)                                      |  |
| Brownian Motion | 5    | Understanding and Quantifying Random Motion                                | Familiarity with microscope and random bead tracking, random –vs- directed motion, microscopic –vs- macroscopic connections, modeling motion |
|                 | 6    | Finding the Boltzmann Constant   |  |
|                 | 7    | Mystery Materials or Mystery Temperature: Find the Mass from Random Motion | Using Boltzmann, open-ended investigation and autonomy   |
| Forces          | 8    | Mystery Materials or Mystery Temperature: Find the Mass from Random Motion |  |
|                 | 9    | Tilted Microscope, Varied Bead Size: Why Does Gravity Matter?              | Random- <i>vs</i> -directed motion, microscopic –vs- macroscopic connections, balancing directed force with randomness                       |
|                 | 10   | Terminal Velocity and the Balance of Forces                                |  |
|                 | 11   | Bring Your Own Question  | Open-ended investigation and autonomy  |

## Exploring Buoyancy, Microfluidics, and Optics in the Second Semester (Spring, 2013)

The lab syllabus for the second semester of the course is still under construction. The following topics are in the development stages:

### Microfluidics (fluid flow and diffusion)

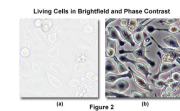
- students will build their own microfluidic chamber during the first week of this unit

### Buoyancy

- use acrylic beads that are lighter than the surrounding fluid

### Optics

- phase contrast microscopy (particularly important in biology for imaging structures not visible using bright field microscopy)



See our AAPT posters for some interesting research results from the first year of the course:

- PST2A10: Examining the Positioning of Ideas in the Disciplines, Vashti Sawtelle
- PST2A20: Developing a Research-Based Introductory Physics Course for Biologists, Edward F. Redish
- PST2A59: Research on Coherence Seeking Across Disciplinary Boundaries, Chandra Turpen
- PST2A60: Research on Students' Reasoning about Interdisciplinarity, Benjamin Geller
- FD07: Research on Students' Interdisciplinary Reasoning about ATP, Benjamin W. Dreyfus



**References**

\* *Scientific Foundations for Future Physicians* (AAMC/HHMI, 2009), *Vision and Change in Undergraduate Biology Education* (AAAS/NSF, 2011)

\*\* <http://www.hhmi.org/news/nexus20110608.html>

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